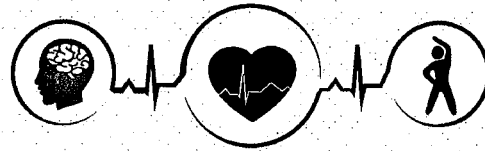


COMMUNITY HEALTH WELLNESS FAIR

JUNE 21, 2017
9:30 AM - 1:30 PM



**NEW HOPE
 EDUCATIONAL CENTER**
175 JEFFERSON AVE.
BUFFALO, NY

The focus and mission of this event is to educate the community on health concerns with emphasis on prevention and the importance of caring for one's mind, body, soul and spirit as a whole.

MIND (Education):

- HTN /c DASH Diet
- Using Safe Practices in various aspects of life

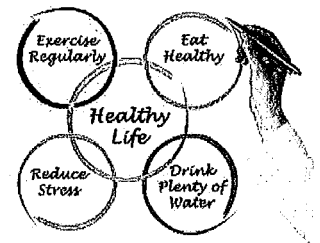
BODY:

- Exercise
- Skin Care
- Disease prevention & management
- Weight

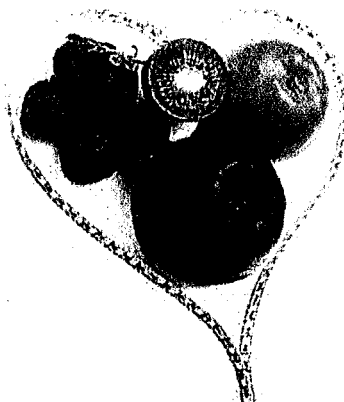


SOUL/SPIRIT:

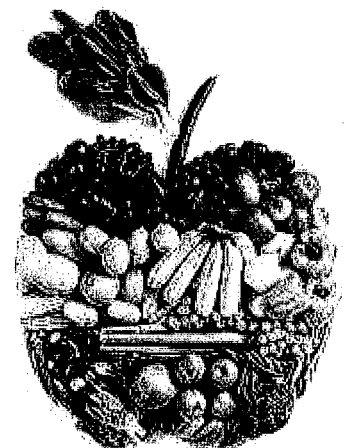
- Addiction
- Depression - Mental Health
- Spiritual Care



FREE INTERACTIONS AND OPPORTUNITIES



- Diabetes teaching and blood sugar monitoring by trained professionals
- Blood Pressure Monitoring
- Sampling CAM
(Complementary Alternative Medicine)
- SDI/HIV screening
(Compliments of Community Access)
- Health and Life Insurance Sign-up
- Toy and Book Drive Giveaway
(Compliments of New Hope Mother/Baby Ministry)
- Bounce House for Children
- Popcorn and water available until supplies last



**Healthy Food Choice Vendors
 May Be Available for Purchases**